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MILADY'S MASTER EDUCATOR—COURSE MANAGEMENT GUIDE

INTRODUCTION

Congratulations! You hold in your hands a comprehensive instructor's guide to support training of educators within the field of cosmetology. Students entering training at your institutions expect and deserve the best possible education that you can provide. They have chosen to enter this course of study to embark upon a career in education. They have chosen your school for their education and you as the teachers to educate them.

As educators, our primary focus is to foster and provide education and training in cosmetology and related areas that will arm the graduate with the needed skills and abilities to be competitive in entry-level job positions. We constantly strive to further advance and develop the standards of education and instruction we offer in our schools. Obtaining that goal can be challenging, but with the right tools, it is definitely a challenge that can be met and overcome.

PURPOSE

The purpose of *Milady's Master Educator Course Management Guide* is to aid the educator in meeting the objective of advancing and improving the standards of education in your school. It's designed to serve as your partner in making cosmetology education effective, interesting, and fun while also helping your students develop mentally, morally, and aesthetically. It has been over 80 years since Milady published the first edition of *The Standard Textbook of Cosmetology* and over 50 years since Milady published the first *Cosmetology Hairstyling Teacher-Training Manual*. Now used in more than 48 countries and developed in multiple languages, Milady's standard is recognized as the undisputed industry leader and primary source for the most current and comprehensive information available for cosmetology students. It is with that history and vision in mind that Milady continues to expand, update, and improve its educational programs to meet the needs of today's educators and learners.

The *Milady's Master Educator Course Management Guide* is divided into four sections:

- SECTION I: Lesson Plan Index
- SECTION II: Support Materials and Forms
- SECTION III: Comprehensive Lesson Plans, Volume I
- SECTION IV: Comprehensive Lesson Plans, Volume II

Section I is a chart that lists in the first column each chapter of *Milady's Master Educator*. The second column lists the lesson plan number and title that correspond to each chapter. The third column contains a chapter outline. The fourth column lists by title the applicable student handouts that have been developed to help facilitate student learning.

Section II contains several sample forms or documents that can be modified to fit the individual institution. The first sample form is a **Course Syllabus** for a 1,000-clock-hour instructor training program. This brief, two-page document contains all the elements required for a course outline and generally meets requirements set forth by accrediting bodies. It is provided to assist you in developing a course syllabus specific to the program offered at your institution.

The second sample form is a **Theory Grade Record by Course Unit**. This is an example of a form that has been used successfully by schools to record and document theory test grades for students. It lists each of the unit tests contained in the *Milady's Master Educator* text. There is a column for the grade, the date of the test, and the student's signature acknowledging the test grade. In this day of accountability, obtaining student signatures ensures that students have completed the specific unit of study and can replace maintaining a plethora of actual test copies in student files.

The third sample document is a **Monthly Academic Review/Progress Evaluation Form**. This form has been used successfully by schools to record sessions of academic advising conducted by faculty.

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Free Practice Tests



For Estheticians, Nail Techs, Hairstylists & other beauty industry professionals



Cosmetology State Board Exam Review Study Guide Massachusetts

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Is one of the cosmetology careers in your future? Test yourself on what you know with our state board practice exams. Whether you're looking for a job as a beautician, barber, makeup artist, or nail tech, each state has its own set of regulations. Cosmetology Practice TestsOur cosmetology practice tests cover general information that will be helpful wherever your school of choice is located.Find a local cosmetology school now. 30 Questions | Total Attempts: 205529 Which of the following is the peak of a finger wave? Disulfide bonds are broken by the: What is the function of keratin? It protects the skin from injury. It nourishes the connective tissue. It gives flexibility to the nail. It forms the base of all horny tissue. What is the pH of sodium hydroxide? Pre-lightening the hair is usually necessary when using a: Which hair portion absorbs chemical wave solution faster? Where hair porosity is greatest Where hair density is greatest How is the hair if the cuticle is slightly raised and accepts color products easily? How should the hair be before giving a chemical wave? It should be slightly dampened It should be brushed vigorously It should be given a cream rinse It should be analyzed and shampooed What is advisable to give if you want to add strength and body to damaged hair? How often should a foot spa be cleaned? Which of the following determines the texture of the hair? What will it do if a temporary color rinse is applied to normal hair? Why is it necessary to apply an antiseptic to tweezed areas during arching? Which of the following instrument should be used to slither a client's hair? It is necessary to use a conditioner-filler during a chemical relaxer retouch service? Why? Because it coats and seals the relaxer into the hair. Because it allows deeper penetration of relaxer into the hair shaft. Because it helps even the porosity. Because it increases neutralizing time. What manicure is suggested for dry cuticles and brittle nails? Where are nerves and blood vessels found? What tendency does the hair have during the processing time in chemical waving? It is made of cells, blood, calcium carbonate, and calcium phosphate? Which are tint removers designed to remove? A client with _____ nail conditions should be referred to a physician. Scalp manipulations should not be performed when _____. The hair has been tinted. The hair has recently been brushed. The shortest processing time in chemical waving is usually required for which type of hair? What may frequent shampooing with highly alkaline shampoo cause the hair to become? What is it necessary to tinting lightened hair back to its natural shade? Cosmetology Cosmetics Skin Care Dermatology Beauty Skin Disease Back to top On this page you'll see 20 practice test questions, all taken from the actual state board test. They cover all the main topics you'll be tested on in your cosmetology exam.Scientific ConceptsHair Care and ServicesSkin Care and ServicesNail Care and ServicesJust choose what you think is the right answer, then enter your email address so we can send you a detailed breakdown of what you got right and wrong on your practice exam.Then cross your fingers, and click through to see your score!How to prepare for your cosmetology state board examAs you'll know when you've taken the practice exam, the written exam isn't easy! Because the exam covers scientific concepts too, just being able to do the practical side of cosmetology is not enough for you to pass your exam.Many people go into the exam totally unprepared...which is why the nationwide failure rate is 50%!We know - that sounds scary. But don't worry: the exam isn't impossibly difficult. The problem is that most students aren't told how to prepare properly, and they're given giant textbooks that are impossible to memorize.We were sick of seeing people waste hundreds of dollars on making multiple attempts to pass their cosmetology state board exam, and being unable to start their career as a licensed cosmetologist.Taking online quizzes is a good start, but it's an inefficient form of exam practice.That's why we put together our Premium Cosmetology Study Guide, which tells you exactly what you need to know and gives you all the tools we need to prepare. It's so good, our students' pass rate is 98.5% - and if you don't pass first time, we'll give you a full refund!We'll tell you more about the study guide after you've taken the practice test. Taking free cosmetology practice tests is a great place to start, because the practice questions you get right and wrong will you an idea of which State Board exam areas you need to focus on.Common questionsWhat is the passing score for the cosmetology exam?Although the National Interstate Council of Board of Cosmetology (NIC) sets the exam in almost every state, each state is free to set their own passing grade. The most common pass mark is 75% (such as in the California cosmetology state board), so that's the one we've chosen here.How long does the state board cosmetology test take?Again, each state sets their own duration, but the most common is 120 minutes for cosmetologists.How many questions are on the test?You guessed it! It varies. But the most common is 100 cosmetology questions.What is PSI in cosmetology?PSI is a company that administers the state board exams in 35 states, so it's likely that you'll attend one of their test centers to sit your exam.Why is the written exam even necessary?This is something many students have asked themselves after failing! What does hairstyling, manicuring, being a barber have to do with a written test? Surely demonstrating your practical skills is enough!But really, the written portion is the only way you can demonstrate your knowledge of the theory. The state board wants to know that a candidate meets the requirements for safely providing services to the public, which includes scientific concepts that they can't easily check any other way.Candidates should be taught this theory in school as part of their education, but often aren't - so they have to cram from a textbook like Milady at the last minute, without really knowing what the guidelines for the assessment are.Like it or not, those are the rules of licensure - so passing the exam is the only way to get your permit and start your new career. But like we said: don't worry! It doesn't have to be difficult, and we'll explain why after you've taken the test questions and seen the answers.Get ready...here's the practice test! Good luck! Looking for a free 2022 cosmetology practice test? It's right here in video form. Test yourself now. Can you answer these multiple-choice state board questions, created by cosmetology teachers?If you're in cosmetology school you know the cosmetology state board exam is in your future. It's the most important test you will ever take. Your future as a licensed cosmetologist depends on it.Let's get started!Take this Free Cosmetology Practice TestEven if your state board exam is months away, you should take this free cosmetology practice test now. It was created with the guidance of cosmetology teachers nationwide. And it's taken directly from the Filmbook® State Board app. Watch the video, and see if YOU can answer the questions correctly.By the way, it doesn't matter what cosmetology school you go to. The cosmetology practice test questions in the Filmbook State Board app can help you pass your state's licensing exam.Cosmetology Practice Test QuestionsNow about this cosmetology practice test. It includes multiple-choice questions like these.How many times should you test the curl on a single perm rod?Which organism is most likely to survive a dousing in liquid soap?How should you curl hair base to ends?What's the best way to describe a circuit?What is mercaptamine?☹️ Have you ever even heard of mercaptamine?? Watch our cosmetology practice test video to find out what it is.More Cosmetology Practice Test QuestionsSo here are five more practice questions from the Filmbook State Board app:What shape is the follicle in curly hair?How does the degree of elevation change as you work your way up from the nape in a graduated cut?What can you do to prevent electrical shocks?How can you ensure the toner is processing evenly in the second half of a double process retouch service?What kind of relaxer doesn't require a scalp base?Yikes. Are you ready to answer all this??We have a suggestion for you. There's a cosmetology state board app that can give you the confidence and the knowledge you need to succeed. Right at your fingertips. Right on your phone.You always have your phone with you, right? This app is Filmbook State Board, and you can download a FREE preview right here. 📱Even More Cosmetology Practice Test QuestionsNow just like the cosmetology written exam, the cosmetology practice exams in the Filmbook State Board app are multiple-choice and timed.If you want to be a cosmetologist, you just can't practice enough.How many blowdrys have you done? What about graduated haircuts. How many have you done? Virgin relaxers. You've practiced, right?So c'mon start practicing for your state board exam. Now. Here are more cosmetology practice test questions:Fragilitas crinium is commonly called:Brittle hairBeaded hairWhite hairRinged hairWhat's the answer?Hold for it ...And here's the feedback you get on your answer, courtesy of the Filmbook State Board app:“Fragilitas crinium is also known as brittle hair. It's a disorder caused by a lack of protein. It can be improved with the application of protein treatments.”Let's try another question from the cosmetology practice test:You should use _____ on hair with average porosity?Normal strength perm solutionExtra-strength perm solutionNo-oxidize perm solutionMild perm solutionDo you know the answer?Here it is:Normal strength perm solutionAnd here's the feedback that the Filmbook State Board app gives you:“Use a normal strength perm solution on hair with average porosity. Hair with average porosity doesn't have a tenacious cuticle, so you don't need an extra-strength solution.”Quiz feedback is super important!By the way, other cosmetology apps do NOT give you helpful feedback on your answers. And other cosmetology apps do NOT have a built-in book underneath all the quizzes to make sure you really understand the material.And other cosmetology apps do not randomize the questions. They just feed you the same questions in the same order over and over and over.) BORING. And ineffective.So get the Filmbook State Board app. Download your FREE preview today!It has a FREE 100-question practice quiz. If you want UNLIMITED practice quizzes, it's just \$4.99/month. No other fees.Pass Your Cosmetology State BoardWe want YOU to pass the cosmetology state board test!We've got your back. All you have to do is get the Filmbook State Board app on the App Store and subscribe for UNLIMITED cosmetology practice exams.Cosmetology school is expensive. And state board is stressful. The Filmbook State Board app is here to help with ALL the cosmetology practice exams you need to succeed. Get your FREE preview today on the App Store and start prepping with your friends for cosmetology state board. You can pass! Before we go ...Do Students Fail the Cosmetology State Board?Yes. You do need to know that, sadly, many students fail the written portion of the cosmetology test. In Texas, for example, the failure rate for the written cosmetology exam was almost 50%!If you live in Texas, check out these free practice questions for the Texas cosmetology exam.Okay, so you may not live in Texas. What's the failure rate for your state?? Do you know?You should find out. And you should prepare. Because you do NOT want to be adding to that statistic.Don't get scared. Get prepared.”Start studying for your state board exam NOW with the Filmbook State Board app.Finally ...Keep a kind heart.Look out for one another.And never forget that the world needs your artistry.

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